



Do You Want To Be Tobacco Free in the New Year?

Trying to go smoke free in 2010? Let the McDonough County Health Department help you. While supplies last the McDonough County Health Department would like to help the residents of McDonough County quit smoking through our “Break the Habit” program. The Illinois Department of Public Health has partnered with the American Lung Association to help individuals quit smoking.

All you have to do is call the Illinois Tobacco Quitline at 1-866-QUIT-YES (1-866-784-8937 Monday thru Friday from 7AM – 7 PM) and get signed up for the program.

As of January 1, 2008, Illinois became smoke-free. The Smoke-Free Illinois Act requires that public places and places of employment must be completely smoke-free inside and within 15 feet from entrances, exits, windows that open and ventilation intakes. This includes but is not limited to:

- Public places and buildings, offices, elevators, restrooms, theaters, museums, libraries, educational institutions, schools, commercial establishments, enclosed shopping centers and retail stores
- Restaurants, bars, taverns and gaming facilities
- Lobbies, reception areas, hallways, meeting rooms, waiting rooms, break rooms and other common-use areas
- Concert halls, auditoriums, enclosed or partially enclosed sports arenas, bowling alleys, skating rinks, convention facilities, polling places and private clubs
- Hospitals, health care facilities, health care clinics, child care, adult care or other similar social service care
- No less than 75 percent of hotel or motel sleeping quarters rented to guests
- Public conveyances, government-owned vehicles and vehicles open to the public

Complaints can be made by:

- Illinois Department of Public Health's toll-free complaint line at 866-973-4646 (TTY 800-547-0466, hearing impaired use only)
- Calling the McDonough County Health Department for smoking complaints within McDonough County at (039) 837-9951 ext. 211
- Online at <http://app.idph.state.il.us/sfi/public/>

If you have any questions about the “Break the Habit” program or the Smoke-Free Illinois Act please contact the McDonough County Health Department at (309) 837-9951 ext. 211.